

The Network

NOVEMBER 2024

Inside this issue

- Page 1: Presidents Report
- Page 3: Busy Bee helpers
- Page 4: League Report
- Page 5: Coaches Corner
- Page 6: Welcome to our new members
- Page 7: NTC History
- Page 7: Winners of Veteran Round Robin
- Page 8: Member spotlight - Ann Solar
- Page 9: Junior Open Day
- Page 9: Open Day and raffle prize donations
- Page 11: Duty Roster & social calendar
- Page 14: Our Sponsors

Upcoming events

- Grand Cru wine tasting - 30 Nov
- Christmas play and stay - 14 Dec
- Australia Day play and brunch - 26 Jan
- Open Round Robin - 9 Feb

The Committee

- President:* Nathalie Smalberger
Vice President: Neil Croker
Treasurer: David Mofflin
Secretary: John Detwiler & Lucia Agnello
Club Captain: Peter & Liz Schmitt
Men's League Coordinator: Neil Croker
Ladies League Coordinator: Melanie Thew
General Committee: Michelle Smith, Suresh Sakar, Andrew Stanbury, Warren Vickers, Frank Sweeney, Direshni Bennett, Julian Goldsworthy

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President's report

From Nathalie Smalberger

On behalf of our club with its long history, I would like to extend a warm welcome to the new members as listed further along this Network. Our club is not just about tennis, it is about experiencing the camaraderie and a sense of belonging that is unique to the Nedlands Tennis Club, and we encourage you to take part in not only social or league tennis, but also our fun social events, building memories and friendships along the way.

Busy Bee, Junior Open Day, and Open Day

Thanks to **Julie Lilburne** for coordinating the Busy Bee and keeping everyone on task and spoiling us with a delicious cake. As usual much was achieved in cleaning up the club house, grounds and surrounds. Thanks to **Julian Goldsworthy** for coordinating the event and being ably assisted by **Jim English** and **Andrew Stanbury**, cooking up a storm and feeding the masses. Meanwhile not so far away under an awning, **Michelle Smith**, ably assisted by **Direshni Bennett**, **Mel English** and **Carolyn Choong** were running off their feet dishing out ice creams to all and sundry. No rest for the wicked, as the very next day was Open Day, and back at work were **Direshni** who coordinated the day, assisted by **Carolyn** and **Michelle** in decorating the club. **Rob Kennedy** of Tennis West kindly attended as our Tennis West delegate. As usual we were the lucky recipients of generous gifts and donations for our Raffle. Ubiquitous to all this as usual, were an array of our loyal volunteers. To name a few behind the bar were **John Detwiler**, **Peter Schmitt** and **Ken Houston** and of course **Pat Jonklaas** was behind his camera lens.

Competitions

Congratulations to all who took part in the Winter League pennants and the Night Spring League in September. We had many winners, but I could not resist specially mentioning **Susan Tay's** ripper season, being part of the only winning winter pennant team and finishing with a trifecta in the Night Spring League but one thing is clear, she sure knows how to choose her partners 😊.

The Vet Double Round Robins came and went and **Carolyn Choong** and **Direshni Bennett**, and **Trish Heath** and **Barb Nowak** won the Ladies Doubles in their respective division. The Men's Doubles was a tight affair with a tie with **Scott van Heurk** and **David Rees** and **Richard Clarke** and **Sam Lau** in group 1 and **Peter Morgan** and **Stewart Wharton** winning the group 2. Thanks to **Mel English** for running this event and introducing the new time-based format which worked well, and which we will adopt for future round robin events.



Upcoming Events

We have a Wine Tasting hosted by our valuable sponsor 'Grand Cru Wine Shop and Cellar' on the 30 Nov. Thanks to **Ken Houston** for coordinating this. Kudos and grumbles for the choices are to go to him too – no pressure whatsoever Ken 😊 Don't forget to diarise Saturday the 14th of December for the club's Christmas party; it is always a lovely event before we all break away for the end of the year festivities. Please look out for the weekly email asking if you are attending either event, and please do RSVP if you are attending for catering purposes. As customary our first social event in 2025 will see Ken Houston do what he does each Australia Day and organise a bout of social tennis followed by a brunch. Then, it is Dalkeith's Tennis Club's turn to hold the Tri Tournament between the Claremont, Dalkeith and Nedlands Tennis Clubs on Sunday 23 February 2025. As in the past, this event is usually offered first to club volunteers, but we often need more players, and in that case look out for the weekly email about that closer to the time.

Infrastructure & Grounds

Anyone playing on Courts 24 -26 would have noticed the new fencing which is looking terrific. The club has also budgeted for 2025 to replace the fencing around the bank of courts 1 – 3, as well as some much-needed resurfacing of some hard courts and thanks to **Suresh Sakar** for coordinating this. The lights on the hard courts 17 and 18 were replaced and the coverage is now top notch. Thanks to Brendon our groundsman for saving the day and stepping in and kindly fixing the reticulation on courts 1, 2 and 3. The reticulation contractor was very busy and would not be available to attend to it for a long while. Long overdue, the club purchased a great sound system which **Stjepan Maticovic** helped us choose with his knowledgeable advice. We are very grateful to **Nigel Shaw** for lending us his prized system time and time again over the years.

A BIG THANK YOU TO THOSE THAT ATTENDED THE BUSY BEE



Jenny Cooke
Ying & Thibault Mortier
Mel English
Peter Schmitt
Rob & Julie Lilburne
Richard Clarke
Indu Jacob
Deb Lord &
Julian Goldsworthy
Frank Sweeney
Lisa & Alan Boynton

Tom Walsh
Penny Oldfield
Alan Bruce
Neil Croker
Nick Palmer
Mike Glynn
Peter Ammon
Marina Greenshield
Lesley Mordaunt
Steve Kerr
Nat Smalberger

League report

From Mel English

Winter League 2024 was a short, wet and frustrating affair with an unprecedented number of washouts for all participating ladies' teams. Of the 5 teams playing in the TW competition we did manage to win a Title - the Div 2 victorious team of Nat (Captain), Diresni, Susan, Emma, Janet and Mel were presented with the Trophy and the coveted NTC blue towels on Open Day. As always thanks to Di Bowman for organising these embroidered towels year on year.

The men's Intra club Winter Wednesday competition was also somewhat rain affected. Thanks to Neil for once again running this initiative which does also bolster the bar sales considerably!

Time flies as we are already at the week 6 mark of the reinstated 14 week Summer League competition at the time of writing this update, and we are enjoying the lovely Spring weather and the beautiful grass courts.

We have entered a total of 14 Summer 24/25 League teams. There are 7 Wednesday night Men's teams spanning most divisions. In the women's competition we have 4 Thursday night teams, 1 Monday night Fast Four singles doubles team, 1 Wednesday over 45 Grass team and 1 Saturday Open team.

Good luck to all teams for the rest of the season - fingers crossed that we can celebrate success at the end of our Summer campaign.

Thanks, as always, to our team captains who all do an amazing (sometimes challenging) job - you are appreciated by your teammates and we couldn't function without you.

Happy Hitting!
Mel



Coaches Corner

From Warren Vickers

Junior Winter League

Congratulations to 15 & Under team Arrigo which took out their winter league division. We had a record number of teams in the winter season but unfortunately only one could get the glory. Well done to all players and parents.

TEAM ARRIGO: Callum Chin, Isaac Arrigo, Eric Xu, Brandon Morrison, Lucas Lim | Manager: Tony Arrigo

Junior Summer League

We have 17 junior teams this summer which is a great turn out again, ranging from Boys 18s Division one to orange ball kids playing for the first season. As we head into the summer break we are seeing great camaraderie in teams and lots of close, competitive matches for the players.



Summer holiday clinic

For those with kids or grandkids, don't forget we run holiday programs to keep the kids entertained and staying active. Our holiday program is for kids aged 4 – 15 and has three hour and 1.5 hour options.

Super 10's 2024

Congratulations goes to Jasper Maliszewski for being a Super 10's player for this summer season. The best 16 green ball players are selected to compete, it is the first talent identification pathway for Tennis Australia. It is great recognition of the time and effort he spends on his tennis. You will see him at the club four to five times a week.

Junior tour finals



Congratulations also goes to Vivek Raja who attended the National finals this month in Sydney. Tournament results through-out the year gain points for the players, the top 24 in the country get invited to compete in the finals. He was lucky enough to see and compete the very best players in the country, an amazing learning opportunity for him. He has also been playing firsts for Christchurch Grammar as a year seven which is a rare occurrence in one of the stronger schools in PSA tennis.

Tip of the month : Poaching and fake poaching

In doubles we choose to stand close to the net when our partner serves so that we have the greatest chance to win the point should we get a volley opportunity. With that in mind most returners policy is to avoid the net player so it's your job to get to the ball when it doesn't come to you. Moving into the centre of the court after the serve will give you a great chance at a poach but it does leave your line vacant.

Sometimes it works just as well to fake poach, that is jump toward the centre and then move back to cover the line, this can draw your opponent into changing their return to down the line which you will then move back to get the easy volley.

You don't want to be passive as the net player, so go out there and make it happen

Happy hitting,
Warren



A very warm welcome to our new members

Andrew Cloud
John Raston
Darius Opie
Waller Family
Varian Benjamin



Buchanan Family
Their Manodhaya
Qi Shen Goh
Jen Donovan

NTC 100th Anniversary

From Pip Micalizzi

Nedlands Tennis Club will be celebrating its 100th year in 2025!

Newer members may be interested in some of the early history and the humble beginnings of the club. Below is a brief summary of some of the early milestones but I encourage those of you who are interested, to request a copy from the Club of our Conservation Plan, which has a more detailed history.

Initially during the 1920's, social tennis in Nedlands was played on two private courts at the home of Mr G. R. Brown in the Avenue.

On the 25th June 1925 a Public Meeting was held, at the site which is now Broadway Fair but then it was the Nedlands Picture Theatre, and it was resolved to form the Nedlands Park Tennis Club. The members were asked to pay their subscriptions at the meeting in order to have some working capital.

The four founders were G.R. Brown, Vic Fenn, Jack Mathieson and Horace Killington. Many current long-standing members at the club will remember playing with Joy Mathieson, Jack's daughter.

In August 1925 the Claremont Road Board offered to construct four gravel courts on the Nedlands foreshore. Unfortunately, they were not conducive to playing tennis as the site was too windy and the gravel courts often required maintenance.

Eventually, in 1929, 6 grass courts, now our courts 1, 2, 3 and 6, 7, 8 were laid.



There was no finance available at that time for a proper club house and afternoon tea was a billy boiled on an open fire. Before we celebrate our 100th year milestone at the Open Day next year, we look forward to sharing more stories from the clubs history, and our members, in future Networks.

Winners of the Veteran Round Robin event

- Men's Group 1 was a tie between Scott Van Heurk and David Rees vs. Richard Clarke and Sam Lau.
- Women's Group 1 was Direszni Bennett and Carolyn Choong with runner's up Nat Smalberger and Helen Morgan.
- Men's Group 2 was Peter Morgan and Stewart Wharton with runner's up Pat Jonklaas and Rob Storer.
- Women's Group 2 was Trish Heath and Barb Nowak with runner's up Kate Barblett and Yuxia Hu.



Member focus: Ann Solar's PhD journey

Most people I see as a psychiatrist have been to a hospital emergency department with a real crisis. Many were brought there by the police or by concerned family members. What happens next has been the focus of my work for the last twenty-five years. Treatment usually involves psychopharmaceuticals and possibly a short stay in hospital. Then the patient usually finds themselves back in the community – if they're lucky, with caring partners, family or friends. If they are unlucky, they might find themselves in emergency accommodation, on the street, or in jail.

These issues were part of my motivation for doing a PhD in psychiatry. Another reason for starting the project was because my partner is a geologist and was posted overseas to Peru and I wanted to be busy in my spare time.

I didn't go directly to psychiatry. After finishing my medical degree, I worked in Perth but also continued studying and became a GP and did further work in obstetrics. I found that talking with patients and supporting them with their mental health issues was more interesting than the routine work of a suburban GP. Like many psychiatrists, I was influenced by family members who had mental health issues. It's difficult to get into a psychiatry training program but after a year working at Graylands Mental Hospital, I was accepted and subsequently worked full-time and studied part-time for five years to qualify. Once I became a psychiatrist it was clear that the mainstream approach to schizophrenia in hospital admissions is to control or suppress symptoms with drugs. I found the recovery model more appealing. In this approach, it is accepted that many people will have to live with mental illness but can achieve meaning and quality of life by combining drug treatment with psychosocial supports such as helping those who want to work obtain employment, providing alcohol and drug rehabilitation and providing psychotherapy. These psychosocial treatments were the subject of my PhD. I ran three clinical trials to test their effectiveness and provide evidence to encourage my colleagues to apply them more routinely.

I think I did the PhD the hard way. I was working four days a week and doing the research in my spare time. People with schizophrenia are not the easiest individuals to recruit for clinical trials and were often reluctant to participate in follow-up interviews. Having studied medicine, I wasn't prepared for how densely statistical the analysis of patient data would be. I completed the PhD by the paper-publication method where the manuscript is based on a series of journal publications. Dealing with journals is tedious and you must be thick-skinned to deal with reviews of your submitted manuscripts.

The part-time clinical trials lasted eight years and the write-up with journal publications took another two. Like most things involving science and human behaviour, the results were not clear cut. Still my research did show that psychosocial supports, as adjunctive therapy, benefit the patient and can improve quality of life.



Open Days

Junior Open Day



Open Day



A BIG THANK YOU TO OUR RAFFLE PRIZE DONORS

1st Prize

Parliamentary Luncheon For Four Guests at the Members Dining Room, Parliament House.

Donated by Dr Katrina Stratton

2nd Prize

Tennis Only Voucher
Donated by Tennis Only

3rd Prize

Champagne
Donated by Grand Cru

4th Prize

Four bottles of Parliament Wine including SSB and Shiraz.

Donated by Hon. Stephen Dawson MLA

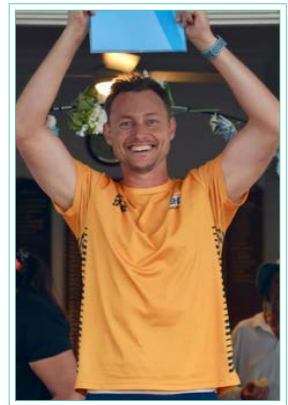
5th Prize

Were Wines
Donated by Gordon Davies

6th Prize

Maxi Block Essentials Pack including SPF 50, Aloe Vera Soothing Gel, Kinder Block, Lip Balm and Tote Bag.
Donated by Ying and Thibaut Mortier

Open Day



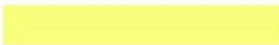
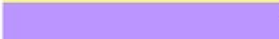
Duty Roster and Social Calendar

October 2024 - April 2025

	Duty Captain	Afternoon Tea Duty	Bar/RSA Duty	Event
23-Nov-24	Peter Schmitt	Tim Zandi	Deb Lord	
24-Nov-24				Mixed Vets Round Robin Grand Cru Wine Tasting
30-Nov-24	Rob Storer	Susan Tay	Bridget Ammon	
7-Dec-24	Alan Boynton	Mike Glynn	Lucia Agnello	
14-Dec-24	John Detweiler	Andrea Hashimi	Janet Ferreira	Christmas Play & Stay
21-Dec-24	Carolyn Choong	Andrew Stanbury	Monika Peterson	Summer Holidays
28-Dec-24	Peter Schmitt	Direshni Bennett & Michelle Smith	Peter Schmitt	Summer Holidays
4-Jan-25	Carolyn Choong	Yuxia Hu	Waldemar Latz	Summer Holidays
11-Jan-25	Rob Storer	Trish Leake	Jenny Jones	Summer Holidays
18-Jan-25	Alan Boynton	Roger Liu	Alison Webster	Summer Holidays
25-Jan-25	Trish Heath	Mark Lawrence	Neil Croker	Australia Day Long Weekend
26-Jan-24		Ken Houston		Australia Day Play and Brunch
1-Feb-25	John Detweiler	Erika McGreal	Barb Nowak	Summer Holidays
8-Feb-25	Peter Schmitt	Dave Joyce	Mel English	
9-Feb-25				Open Round Robin
15-Feb-25	Rob Storer	Emma Hammond	Ken Houston	
22-Feb-25	Alan Boynton	Lana Grobler	Frank Sweeney	
23-Feb-24				Dalkeith/Nedlands/Claremont Tri Tournament
				Labour Day Long Weekend - Club Championship
1-Mar-25	Trish Heath	Marina Greenshields	Pip Micalizzi	
8-Mar-25	John Detweiler	Peggy Darmago	Yasuko Nagai	
15-Mar-25	Carolyn Choong	Ross McCallum	Rosie McCallum	
22-Mar-25	Peter Schmitt	Richard Pearce	Rob Lilburne	
29-Mar-25	Rob Storer	Steve Kerr	Trish Heath	
30-Mar-25				Open Mixed Round Robin
5-Apr-25	Alan Boynton	James Dodds	Peter Morgan	
12-Apr-25	Trish Heath	Penny Wong	Mike Nowak	T1 School Holidays
19-Apr-25	John Detweiler	Peter Barratt	Annie Bull	T1 School Holidays / Easter Long Weekend
26-Apr-25	Carolyn Choong	Sung Chur Kwon	John Detweiler	T1 School Holidays

For roster commitment conflicts, please swap with another member and advice Liz Schmitt via email:

liz_schmitt@bigpond.com and nedlandstennis@bigpond.com

 *School Holidays
 * Social Events



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